



REHANA SAJJAD, MD. FACOG

Obstetrics & Gynecology

www.nycommunityhealth.com

62-54 97th Place, Suite 2E Rego Park NY 11374

Phone: (718) 271-9900 | Fax (718) 271-9911

113-11 Jamaica Avenue Richmond Hill NY 11418

Phone (718) 850-0009 | Fax (718) 271-9911

PRENATAL CARE & DELIVERY POLICY

Dear patient,

Pregnancy care & delivery care at Women's Health Care is provided by Dr Rehana Sajjad & Dr. Anu Kothari in conjunction with her partnering providers at the affiliated hospitals. It is our pleasure to take care of you during your pregnancy and delivery. However, prior to your becoming our patient, it is important for you to have a full and complete understanding of the office procedures.

1. When a patient comes for a pregnancy confirmation visit, she is registered for prenatal care depending on the availability of open registration in the month of her due date.
2. It is important for the health of your baby and you, that all scheduled appointments be kept. If an emergency situation arises where it is impossible for you to come in for your appointment, please reschedule the missed appointment as soon as possible. There is a penalty associated with 'No-Shows' unless we are notified about the cancellation or reschedule 48 hours prior to appointment day. Please visit our website for our billing policy.
3. In case of emergency during the office hours, call the office and inform the office staff of the nature of your emergency so that the problem can be assessed and addressed immediately. Do not insist on speaking to the doctor as your physician may not be immediately available and may not be able to contact you for several hours. Any emergency situation should be addressed immediately and the staff member you speak to will inform the nurse, physician assistant or your physician accordingly. Please ask the name of the person you speak with in the office.
4. If the emergency arises after business hours then go to the North Shore University Hospital at Forest Hills or Flushing hospital medical center, labor & delivery suite, where you will be assessed by the appropriate hospital staff who will in turn contact your physician. There is also an answering service available to call at 718-773-8835. The answering service gets in touch with your physician.
5. If your pregnancy turns out to be very high risk you may be referred to maternal fetal medicine doctor or the high risk clinic in a hospital. Your care may be combined between the WHC physicians and the other physicians at the hospital, or in certain circumstances, be assumed exclusively by another physician, hospital or clinic, depending on the medical necessity.
6. WHC providers try to deliver all the patients within the group. However, this can only be possible when there is cooperation between the patient and WHC physician and staff through scheduling the delivery on a particular day when the provider is available at the hospital. Delivery is scheduled between 38 to 40 weeks if the cervix is favorable. It is not possible for the provider to be present in the hospital every night. If the patient insists on coming to the hospital only in established labor, there is a high chance that a covering physician (who is not a WHC provider) will deliver the patient and the delivering physician may not be a female.
7. During the busy office hours it is not possible for the physicians to leave the patients in the office and come to the hospital to be with the delivering patient during all stages of labor. We are in constant contact with the hospital regarding the progress of the laboring patient till she is ready to deliver.
8. There could be a situation where it is not possible for the covering physician in the hospital to wait for the WHC provider to arrive, to attend the delivery. In the best interest of the patient and the baby, the on call doctor may have to intervene at the spur of the moment. They are highly trained and experienced practitioners and the patient should have complete confidence in that physician, be it a male or female physician.

9. It is not our practice to attempt vaginal delivery after previous c-section unless the cervix is very favorable towards the end of the pregnancy. The patient should make every attempt to obtain the operative note of any previous C-section and documentation of the reason for the C-section.
10. The hospital may not be able to provide a female anesthesiologist unless one happens to be on call that particular day. WHC physicians have no control over which anesthesiologist is on-call when the patient is in labor.
11. It is not our practice to wait for the spontaneous onset of labor after the due date. If the cervix is still not very favorable within a week after the due date, WHC physicians like to schedule for induction of labor. In case of previous c-section elective c-section will be scheduled. If the cervix is favorable between 38 and 40 weeks, the patient will be admitted and labor augmented early in the daytime so delivery could be expected by evening so that the patient, her family and the doctor could get rest at night to get ready for the next busy day.
12. Our primary hospitals are North Shore Hospital at Forest Hills & Flushing Hospital Medical Center. In case of emergency or labor, the patient should report to the Labor & Delivery suite there. We deliver 99% of our patients there. At any given day we have multiple patients admitted in labor there. It is not possible for the doctor to be in different hospitals at the same time. If the patient has her preference for any other hospital she should feel free to choose another physician who renders services there. It is advisable that the care be transferred to the new obstetrician as early in the pregnancy as possible.
13. At the initial visit we may decline to accept the prenatal care if in our opinion it is a very high risk situation that would be more appropriate for a physician that specializes in high-risk pregnancies.
14. When the WHC physicians are on vacation, the covering physician, who could be the on-call doctor, will take care of the patient in the hospital.

If you have any questions concerning this office policy, I would be happy to address them. We look forward to caring for you during your pregnancy.

Please sign below to signify that you have read and understand the office policy.

Signature: _____

Date: _____